

Healthier Lives at School and Beyond Telemedicine Services



Dear Parent or Guardian,

We are excited to announce that East Carolina University's *Healthier Lives at School and Beyond* school-based telehealth program has again partnered with Duplin County Schools to provide quality acute medical, behavioral, and nutrition care to your student this school year! Whether they are in school or at home, appointments take place over a safe and secure online network, which allows us to address their medical, behavioral, and/or nutrition needs without having to leave school or home and without you having to leave work or home. All virtual care is provided by licensed and experienced healthcare professionals from The Brody School of Medicine at East Carolina University and the Center for Rural Health Innovation's Health-e-Schools.

Our program allows you convenient access to the following healthcare services:

- **Behavioral Health** to address behavioral changes, self-esteem, conflict resolution, bullying, increased worry, and other emotional health needs.
- **Nutrition Counseling** to address weight management, healthy eating, physical activity, and other nutritional needs such as diabetes management.
- **Acute Medical Care** to evaluate ear infections, sore throats, stomach aches, and other minor medical needs. Any recommended prescriptions will be sent directly to your pharmacy of choice and a copy of the telehealth visit will be sent to your child's primary care physician.

At this time, **behavioral health and nutrition education services (provided by ECU) **will not be billed.** However, **medical services** (provided by ECU and Health-e-Schools) **will be billed to your insurance.***

For your child to be eligible to receive these services, please complete a program consent form online at <https://redcap.ecu.edu/surveys/?s=AEKMAKHC8C> or scan this code with your phone camera to take you directly to the webpage.



We look forward to serving you and your students, especially during these uncertain times, and we welcome your questions, concerns, and feedback.

Wishing you and your students a safe and healthy school year!

Yours in health,

The *Healthier Lives at School and Beyond* Team

For more information, please contact:

Jill Jennings, MS, RDN, LDN, Project Coordinator, jenningsj@ecu.edu, (252) 744-0089 OR
Hannah Barnett, MPH, Research Assistant & Project Liaison, barnett20@ecu.edu, (252) 744-4611