

# JANUARY 2019

MONDAY

TUESDAY

WEDNESDAY

# DUPLIN COUNTY SCHOOLS

THURSDAY

FRIDAY

|   |  |   |   |  |   |
|---|--|---|---|--|---|
|  <p>www.thelearning site.info</p>  |  | <p><i>Available Daily As Additional Choices:</i><br/>         Breakfast Cereal<br/>         Peanut Butter &amp; Jelly Sandwich(K-8), Pizza(9-12)<br/>         Choice of 1% Plain, Skim Chocolate, or<br/>         Skim Plain Milk<br/> <i>Menu Subject to Change Due To Item Availability</i></p> |   | <p><b>3</b> Hot Dog with Chili<br/>         Cole Slaw<br/>         Sweet Potato Wedges<br/>         Diced Pears Cup</p> <p>Breakfast Pizza<br/>         Diced Pears Cup or Juice</p>       | <p><b>4</b> Pepperoni Pizza<br/>         Tossed Side Salad<br/>         Whole Kernel Corn<br/>         Strawberry Cup</p> <p>Pancake Minis<br/>         Strawberry Cup or Juice</p> |
| <p><b>7</b> Chicken Nuggets w/Roll<br/>         Broccoli w/Cheese Sauce<br/>         Mashed Potatoes<br/>         Peach Cup<br/>         Fresh Orange Wedges</p> <p>Breakfast Burrito<br/>         Fresh Orange Wedges or Juice</p> | <p><b>8</b> Fish Sticks w/Hushpuppies<br/>         Corn Dog<br/>         Sweet Potato Crinkle Fries<br/>         Green Beans<br/>         Diced Pears Cup</p> <p>Pancake Sausage Stick<br/>         Diced Pears Cup or Juice</p>                           | <p><b>9</b> Chicken Sandwich<br/>         Green Peas<br/>         French Fries<br/>         Applesauce Cup</p> <p>Apple or Cherry Strudel Stick<br/>         Applesauce Cup or Juice</p>  | <p><b>10</b> Beef or Chicken Soft Taco<br/>         With Lettuce, Cheese, &amp; Salsa<br/>         Fiesta Black Beans<br/>         Whole Kernel Corn<br/>         Pineapple Tidbits<br/>         Fresh Apple Wedges</p> <p>Apple or Blueberry Belgian Waffle<br/>         Fresh Apple Wedges or Juice</p> | <p><b>11</b> Pepperoni Pizza<br/>         Sweet Potato Wedges<br/>         Tossed Side Salad<br/>         Mixed Fruit Cup</p> <p>Sausage Biscuit<br/>         Mixed Fruit Cup or Juice</p> |   |
| <p><b>14</b> Hot Dog with Chili<br/>         Cole Slaw<br/>         Sweet Potato Wedges<br/>         Diced Pears Cup</p> <p>Breakfast Pizza<br/>         Diced Pears Cup or Juice</p>   | <p><b>15</b> Spicy Chicken Chunks with<br/>         Rice &amp; Roll<br/>         Steamed Cabbage<br/>         Blackeyed Peas<br/>         Peach Cup<br/>         Fresh Apple Wedges</p> <p>French Toast Minis<br/>         Fresh Apple Wedges or Juice</p> | <p><b>16</b> Popcorn Chicken w/Roll<br/>         Broccoli w/Cheese Sauce<br/>         Mashed Potatoes<br/>         Applesauce Cup</p> <p>Pancake &amp; Sausage Sandwich<br/>         Applesauce Cup or Juice</p>  | <p><b>17</b> Turkey with Rice,<br/>         Gravy, &amp; Roll<br/>         Glazed Sweet Potatoes<br/>         Green Beans<br/>         Mixed Fruit Cup<br/>         Fresh Orange Wedges</p> <p>Pop Tarts<br/>         Fresh Orange Wedges or Juice</p>  | <p><b>18</b> Pepperoni Pizza<br/>         Tossed Side Salad<br/>         Whole Kernel Corn<br/>         Pineapple Tidbits</p> <p>Pancake Minis<br/>         Pineapple Tidbits or Juice</p> |   |
| <p><b>21</b> HOLIDAY</p>    | <p><b>22</b> Cheeseburger<br/>         Sweet Potato Crinkle Fries<br/>         Broccoli w/Cheese Sauce<br/>         Peach Cup<br/>         Fresh Orange Wedges</p> <p>French Toast Sticks<br/>         Fresh Orange Wedges or Juice</p>                    | <p><b>23</b> Vegetable Soup with<br/>         Grilled Cheese Sandwich or<br/>         Peanut Butter &amp; Jelly Sandwich<br/>         Fresh Carrot Cup<br/>         Strawberry Cup</p> <p>Assorted Flavor Breakfast Muffin<br/>         Strawberry Cup or Juice</p>                               | <p><b>24</b> BBQ Sandwich<br/>         Fish Sandwich<br/>         Baked Beans<br/>         Cole Slaw<br/>         Mixed Fruit Cup<br/>         Fresh Apple Wedges</p> <p>Chicken Biscuit<br/>         Fresh Apple Wedges or Juice</p>   | <p><b>25</b> Pepperoni Pizza<br/>         Green Beans<br/>         Tossed Side Salad<br/>         Applesauce Cup</p> <p>Sausage Biscuit<br/>         Applesauce Cup or Juice</p>           |   |
| <p><b>28</b> Chicken Nuggets w/Roll<br/>         Broccoli w/Cheese Sauce<br/>         Mashed Potatoes<br/>         Peach Cup</p> <p>Breakfast Burrito<br/>         Peach Cup or Juice</p>   | <p><b>29</b> Fish Sticks w/Hushpuppies<br/>         Corn Dog<br/>         Sweet Potato Crinkle Fries<br/>         Green Beans<br/>         Diced Pears Cup</p> <p>Pancake Sausage Stick<br/>         Diced Pears Cup or Juice</p>                          | <p><b>30</b> Chicken Sandwich<br/>         Green Peas<br/>         French Fries<br/>         Applesauce Cup</p> <p>Apple or Cherry Strudel Stick<br/>         Applesauce Cup or Juice</p>   | <p><b>31</b> Beef or Chicken Soft Taco<br/>         With Lettuce, Cheese, &amp; Salsa<br/>         Fiesta Black Beans<br/>         Whole Kernel Corn<br/>         Pineapple Tidbits<br/>         Fresh Apple Wedges</p> <p>Apple or Blueberry Belgian Waffle<br/>         Fresh Apple Wedges or Juice</p> |   |   |